



Certificate of Analysis

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LiftNode

Kanna Extract

Sceletium tortuosum MT55 Extract

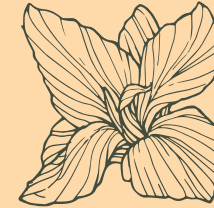
Material Lot #:	22120625841222	Test Date:	02-15-2023
Country of Origin:	South Africa	Re-Test Date:	02-12-2026

Analysis	Claim	Result
Mesembrine	≥3%	7.46%
Total Alkaloids	≥5%	10.20%

Test	Specification	Result
Lead	≤0.5ppm	<0.005 ppm
Mercury	≤0.5ppm	<0.005 ppm
Cadmium	≤0.5ppm	<0.005 ppm
Arsenic	≤0.5 ppm	<0.01 ppm
Total Aerobic Plate Count	<1000 cfu/g	<10 cfu/g
Yeast	<100 cfu/g	<10 cfu/g
Moulds	<100 cfu/g	<10 cfu/g
Escherichia coli	<10 cfu/g	<10 cfu/g
Coliforms	<10 cfu/g	<10 cfu/g
Salmonella	Negative	Negative
Staphylococcus aureus	<10 cfu/g	<10 cfu/g

Kanna Extract should be stored at or below room temperature in a tightly sealed durable container. Kanna Extract should be protected from excess heat, direct sunlight, excess humidity, and moisture. Kanna Extract has a retesting period of 3 years from the date of analysis when properly stored.

Kanna Extract



Main Benefits

- Kanna extract is a natural mood lifter which is known to promote a healthy sense of happiness and tranquility.
- Kanna extract is a mild SRI (Serotonin Reuptake Inhibitor).
- Furthermore, studies indicate that Kanna Extract can be used to enhance cognitive function and may reduce addictive nicotine cravings.

Main Cautions

- Some reports have indicated that excessive amounts of Kanna can cause headaches and loss of appetite.
- Kanna Extract should be avoided if you are taking any medication for depression.
- Do not use this supplement without first consulting with your doctor if you are taking any medication or have any medical condition.

Usage Tips

- A 0.15 cc measuring scoop is included. One rounded scoop contains approximately one serving, or approximately **50mg of Kanna Extract**. As a dietary supplement, take 1-2 servings up to 2 times a day. Start at the lower suggested quantity to assess response.
- The negative effects of Kanna Extract are dependent on the amount taken. Use of a scale with 10mg/0.01g accuracy or better is highly recommended.
- Use of capsules, or mixing with tea, yogurt, apple sauce, or oatmeal may help make the powder easier to tolerate.
- This supplement is not intended to treat, diagnose, prevent, or cure any diseases. Consult your healthcare provider before use if you have a medical condition or if you are taking any prescription medications.
- It is safe to stack Kanna Extract with other supplements, so long as the amount consumed does not exceed the suggested serving size.
- The benefits of Kanna Extract are most effective when they are supported by a healthy diet and plenty of exercise.



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ANALYTICAL REPORT

AR-23-QH-009242-01

Client Code: QH0000902
PO#: 22120625841222

Received On: 07Feb2023
Reported On: 15Feb2023

Table with 5 columns: Eurofins Sample Code, Client Sample Code, Sample Description, Sample Registration Date, Condition Upon Receipt, Sample Reference. Row 1: FS001 - Heavy Metals (As, Cd, Hg, and Pb)

Table with 2 columns: Parameter, Result. Rows: Arsenic, Cadmium, Lead, Mercury

Table with 4 columns: Parameter, Reference, Accreditation, Completed. Row 1: UM8VD - Total Coliforms - CMMEF Chapter 9.933

Table with 2 columns: Parameter, Result. Row 1: Coliforms

Table with 2 columns: Parameter, Result. Row 1: Escherichia coli

Table with 4 columns: Parameter, Reference, Accreditation, Completed. Row 1: UMDTC - Salmonella species - AOAC-RI 121501

Table with 2 columns: Parameter, Result. Row 1: Salmonella

Table with 4 columns: Parameter, Reference, Accreditation, Completed. Row 1: UMHBM - Staphylococcus aureus - BAM Chapter 12

Table with 2 columns: Parameter, Result. Row 1: Staphylococcus aureus

Synaptent

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Received On: 07Feb2023
Reported On: 15Feb2023

Table with 4 columns: Eurofins Sample Code, Client Sample Code, Sample Description, Sample Registration Date, Condition Upon Receipt, Sample Reference. Row 1: UMIB1 - Yeast - FDA BAM Chapter 18 mod.

Table with 2 columns: Parameter, Result. Row 1: Yeast

Table with 2 columns: Parameter, Result. Row 1: Moulds

Table with 4 columns: Parameter, Reference, Accreditation, Completed. Row 1: UVMSE - Aerobic Plate Count - CMMEF Chapter 8.72

Table with 2 columns: Parameter, Result. Row 1: Aerobic Plate Count

Table with 5 columns: Parameter, Reference, Accreditation, Completed, Sub. Row 1: Y101X - Sceletium Alkaloids (Mesembrine, Mesembrenone,..)

Table with 2 columns: Parameter, Result. Rows: Mesembrenone, Mesembrenol, Mesembrine, Mesembranol, Total Reported Alkaloids

Subcontracting partners:

- 1 - Eurofins SF Analytical DBA Craft Technologies, North Carolina
2 - Eurofins Food Chemistry Testing US Madison, WI

Respectfully Submitted,

Handwritten signature of Patricia Quinn

Patricia Quinn
Associate Project Manager I

