



Certificate of Analysis

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LiftNode

Kanna Extract

Sceletium tortuosum MT55 Extract

Material Lot #: 22062824670622 Test Date: 08-15-2022

Country of Origin: South Africa Re-Test Date: 08-12-2025

Analysis	Claim	Result
Mesembrine	≥3%	5.06%
Total Alkaloids	≥5%	6.64%

Test	Specification	Result
Lead	≤0.5ppm	0.00557 ppm
Mercury	≤0.5ppm	<0.005 ppm
Cadmium	≤0.5ppm	<0.005 ppm
Arsenic	≤0.5 ppm	<0.01 ppm
Total Aerobic Plate Count	<1000 cfu/g	<10 cfu/g
Yeast	<500 cfu/g	<10 cfu/g
Moulds	<500 cfu/g	310 cfu/g
Escherichia coli	<10 cfu/g	<10 cfu/g
Coliforms	<10 cfu/g	<10 cfu/g
Salmonella	Negative	Negative
Staphylococcus aureus	<10 cfu/g	<10 cfu/g

Kanna Extract should be stored at or below room temperature in a tightly sealed durable container. Kanna Extract should be protected from excess heat, direct sunlight, excess humidity, and moisture. Kanna Extract has a retesting period of 3 years from the date of analysis when properly stored.

Kanna Extract



Main Benefits

- Kanna extract is a natural mood lifter which is known to promote a healthy sense of happiness and tranquility.
- Kanna extract is a mild SRI (Serotonin Reuptake Inhibitor).
- Furthermore, studies indicate that Kanna Extract can be used to enhance cognitive function and may reduce addictive nicotine cravings.

Main Cautions

- Some reports have indicated that excessive amounts of Kanna can cause headaches and loss of appetite.
- Kanna Extract should be avoided if you are taking any medication for depression.
- Do not use this supplement without first consulting with your doctor if you are taking any medication or have any medical condition.

Usage Tips

- A 0.15 cc measuring scoop is included. One rounded scoop contains approximately one serving, or approximately **50mg of Kanna Extract**. As a dietary supplement, take 1 serving 1-2 times per day. Start at the lower suggested quantity to assess response.
- The negative effects of Kanna Extract are dependent on the amount taken. Use of a scale with 10mg/0.01g accuracy or better is highly recommended.
- Use of capsules, or mixing with tea, yogurt, apple sauce, or oatmeal may help make the powder easier to tolerate.
- This supplement is not intended to treat, diagnose, prevent, or cure any diseases. Consult your healthcare provider before use if you have a medical condition or if you are taking any prescription medications.
- It is safe to stack Kanna Extract with other supplements, so long as the amount consumed does not exceed the suggested serving size.
- The benefits of Kanna Extract are most effective when they are supported by a healthy diet and plenty of exercise.



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Synaptent

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ANALYTICAL REPORT

AR-22-QH-046299-01

Client Code: QH0000902
PO#: 22062824670622

Received On: 08Aug2022
Reported On: 17Aug2022

Table with 2 columns: Eurofins Sample Code, Client Sample Code, Sample Description and Sample Registration Date, Condition Upon Receipt, Sample Reference.

Table with 5 columns: Parameter, Reference, Accreditation, Completed, Sub. Row: FS001 - Heavy Metals (As, Cd, Hg, and Pb).

Table with 4 columns: Parameter, Reference, Accreditation, Completed. Row: UM8VD - Total Coliforms - CMMEF Chapter 9.933.

Table with 2 columns: Parameter, Result. Row: Coliforms.

Table with 2 columns: Parameter, Result. Row: Escherichia coli.

Table with 4 columns: Parameter, Reference, Accreditation, Completed. Row: UMDTC - Salmonella species - AOAC-RI 121501.

Table with 2 columns: Parameter, Result. Row: Salmonella.

Table with 4 columns: Parameter, Reference, Accreditation, Completed. Row: UMHBM - Staphylococcus aureus - BAM Chapter 12.

Table with 2 columns: Parameter, Result. Row: Staphylococcus aureus.

Table with 4 columns: Parameter, Reference, Accreditation, Completed. Row: UMIB1 - Yeast - FDA BAM Chapter 18 mod.

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Table with 2 columns: Parameter, Result. Row: Yeast.

Table with 2 columns: Parameter, Result. Row: Moulds.

Table with 4 columns: Parameter, Reference, Accreditation, Completed. Row: UMVSE - Aerobic Plate Count - CMMEF Chapter 8.72.

Table with 2 columns: Parameter, Result. Row: Aerobic Plate Count.

Table with 5 columns: Parameter, Reference, Accreditation, Completed, Sub. Row: YI01X - Sceletium Alkaloids (Mesembrine, Mesembrenone,...).

Table with 2 columns: Parameter, Result. Rows: Mesembrenone, Mesembrinol, Mesembrine, Mesembranol, Total Reported Alkaloids.

Subcontracting partners:
1 - Eurofins SF Analytical DBA Craft Technologies, North Carolina
2 - Eurofins Food Chemistry Testing US Madison, WI

Respectfully Submitted,

Handwritten signature of Anthony Bichler

Anthony Bichler
Operations Supervisor

