

A Certificate of Analysis

47 W Polk St. STE 100-241 Chicago, IL 60605 liftmode@liftmode.com



Kanna Extract

Sceletium tortuosum MT 55 Extract

Material Lot #: 107200820 Test Date: 01-26-2022 Country of Origin: South Africa 01-23-2025 Re-Test Date:

Claim **Analysis** Result Mesembrine ≥3% 6.20% **Total Alkaloids** ≥5% 8.18%

| Test | Specification | Result |
|---------------------------|---------------|-------------|
| Lead | ≤0.5ppm | 0.0763 ppm |
| Mercury | ≤0.5ppm | <0.005 ppm |
| Cadmium | ≤0.5ppm | <0.005 ppm |
| Arsenic | ≤0.5 ppm | 0.0125 ppm |
| | | |
| Total Aerobic Plate Count | <1000 cfu/g | <1000 cfu/g |
| Yeast | <100 cfu/g | <100 cfu/g |
| Moulds | <100 cfu/g | <100 cfu/g |
| Escherichia coli | <10 cfu/g | Negative |
| Coliforms | <10 cfu/g | <10 cfu/g |
| Salmonella | Negative | Negative |
| Staphylococcus aureus | <10 cfu/g | <10 cfu/g |
| | | |

Kanna Extract should be stored at or below room temperature in a tightly sealed durable container. Kanna Extract should be protected from excess heat, direct sunlight, excess humidity, and moisture. Kanna Extract has a retesting period of 3 years from the date of analysis when properly stored.

Kanna Extract



Main Benefits

- Kanna extract is a natural mood uplifter which is known to promote a healthy sense of happiness and
- Kanna extract is a mild SRI (Serotonin Reuptake Inhibitor).
- Furthermore, studies indicate that Kanna Extract can be used to enhance cognitive function and may reduce addictive nicotine cravings.

Main Cautions

- Some reports have indicated that excessive amounts of Kanna can cause headaches and loss of appetite.
- Kanna Extract should be avoided if you are taking any medication for depression.
- Do not use this supplement without first consulting with your doctor if you are taking any medication or have any medical condition.

Usage Tips

- A 0.15 cc measuring scoop is included. One rounded scoop contains approximately one serving, or approximately **50mg of Kanna Extract.** As a dietary supplement, take 1 serving 1-2 times per day. Start at the lower suggested quantity to assess response.
- The negative effects of Kanna Extract are dependent on the amount taken. Use of a scale with 10mg/0.01g accuracy or better is highly recommended.
- Use of capsules, or mixing with tea, yogurt, apple sauce, or oatmeal may help make the powder easier to tolerate.
- · This supplement is not intended to treat, diagnose, prevent, or cure any diseases. Consult your healthcare provider before use if you have a medical condition or if you are taking any prescription medications.
- It is safe to stack Kanna Extract with other supplements, so long as the amount consumed does not exceed the suggested serving size.
- The benefits of Kanna Extract are most effective when they are supported by a healthy diet and plenty of



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Synaptent

Joseph Watkins 1442 W. Fulton Street Chicago, IL 60607 **ANALYTICAL REPORT**

AR-22-QH-004670-01

Client Code: QH0000902 PO#: 107200820

Received On: 21Jan2022 Reported On: 27Jan2022

| Eurofins Sample Code: 477-2022-012103 | | | | |
|--|---|---|------------------------|----------|
| Client Sample Code: 107200820 | Condition Upon Rece | eipt: acceptable, 10.3°C | | |
| Sample Description: KANNA EXTRACT MT | Γ55 Sample Reference: A | hmed | | |
| FS001 - Heavy Metals (As, Cd, Hg, and Pb) | Reference AOAC 2011.19 and 993.14 (modified) | Accreditation ISO/IEC 17025:2017 A2LA 2918.01 | Completed 27Jan2022 | Sub 2 |

| Parameter | Result |
|-----------|-----------|
| Arsenic | 12.5 ppb |
| Cadmium | <5.00 ppb |
| Lead | 76.3 ppb |
| Mercury | <5.00 ppb |
| | |

| YI01X - Sceletium Alkaloids (Mesembrine, Mesembrenone,) | Reference South African Journal of Botany 82 (2012) 99–107 (| Completed 26Jan2022 | Sub 1 |
|--|--|------------------------|----------|
| Parameter Mesembrenone | Result 11,700 μg/g | | |
| Mesembrenol | 1,160 µg/g | | |
| Mesembrine | 62,000 µg/g | | |
| Mesembranol | 6,920 µg/g | | |
| Total Reported Alkaloids | 81,800 µg/g | | |
| | | | |

Subcontracting partners:

- 1 Eurofins SF Analytical DBA Craft Technologies, NC 2 Eurofins Food Chemistry Testing US Madison, WI

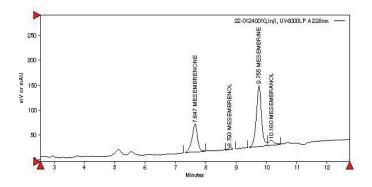
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Eurofins Craft Technologies

| Client's Name: EUUSNB - Eurofins Microbiology | Date: 4-Feb-22 |
|---|--------------------------------|
| Client# YI0000418 | Approved by: Jennifer Ballance |
| ECT Track #129-2022-01240010 | 107200820 - Ahmed |
| Sample ID# 477-2022-01210373 | Kanna Extract MT55 Synaptent |

Sample 129-2020-01240010



Synaptent

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ANALYTICAL REPORT

AR-22-QH-004670-01

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1/27/22 7:16 pm

Respectfully Submitted,

Christine Gwinn Associate Technical Leader

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Certificate of Analysis

Client: Synaptent LLC 47 W Polk Street, 100-241 Chicago, IL 60654

Sample Collected By: Client

| Product Name | Kanna Extract | Product Lot Number | 107200820 |
|--------------|---------------|--------------------|-----------|
| Report Date | 11/24/20 | Laboratory Number | 20111387 |

| Total Aerobic Count | Biolumix | <1,000 cfu/g | <1, 000 cfu/g |
|---------------------|----------|--------------|---------------|
| Yeast & Mold | Biolumix | <100 cfu/g | <100 cfu/g |
| E. Coli | Biolumix | Negative | Negative |
| Coliform | Biolumix | <10 cfu/g | < 10 cfu/g |
| Salmonella | Biolumix | Negative | Negative |

Collin Thomas Of Laboratory Manager

11/24/2020 (1/24/20