



# Certificate of Analysis

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LiftMode

## Baicalin Powder

Scutellaria Baicalensis Extract

Material Lot #: 20220822 Test Date: 09-01-2022  
Country of Origin: China Re-Test Date: 08-29-2025

Analysis Claim Result

Baicalin ≥95% 96.0%

Test Specification Result

Baicalin (HPLC)	≥95%	96.0%
Lead	≤1.5ppm	0.0159 ppm
Mercury	≤0.5ppm	0.0127 ppm
Cadmium	≤0.5ppm	<0.005 ppm
Arsenic	≤1.5 ppm	0.0116 ppm

Total Aerobic Plate Count	<1000 cfu/g	<10 cfu/g
Yeast	<100 cfu/g	<10 cfu/g
Moulds	<100 cfu/g	<10 cfu/g
Escherichia coli	<10 cfu/g	<10 cfu/g
Coliforms	<10 cfu/g	<10 cfu/g
Salmonella	Negative	Negative
Staphylococcus aureus	<10 cfu/g	<10 cfu/g

Baicalin should be stored at or below room temperature in a tightly sealed durable container.  
Baicalin should be protected from excess heat, direct sunlight, excess humidity, and moisture.  
Baicalin has a retesting period of 3 years from the date of analysis when properly stored.

### Baicalin (Skullcap Extract)



#### Main Benefits

- Baicalin is a phytochemical and bioflavonoid found in the Baikal Skullcap plant and has been used in Traditional Chinese Medicine (TCM) for hundreds of years.
- Baicalin is best known for its antioxidant and immune support properties, while also simultaneously supporting a healthy circulatory system.
- Anecdotally, some users report mild stress-reduction when taking this supplement.

#### Main Cautions

- Baicalin is considered likely safe for use at the suggested serving size.
- Do not use this supplement if you have any underlying medical conditions – especially bleeding disorders, diabetes, hormone-sensitive conditions, or low blood pressure. Avoid use for up to 2 weeks before surgery.
- Consult your physician before using Baicalin if you are taking any medication. Baicalin has not been tested for safety in pregnant or breastfeeding women

#### Usage Tips

- A 0.625cc measuring scoop is included. One level scoop contains approximately one serving of approximately **250mg of Baicalin**. As a dietary supplement, take 1-2 servings 1-3 times per day. Start at the lower suggested quantity to assess response.
- The negative effects of Baicalin are dependent on the amount taken, so use of a scale with 10mg/0.1g accuracy or better is highly recommended.
- Use of capsules, or mixing with tea, yogurt, apple sauce, or oatmeal may help make the powder more tolerable.
- This supplement is not intended to treat, diagnose, prevent, or cure any diseases. Consult your healthcare provider before use if you have a medical condition or if you are taking any prescription medications.
- It is safe to stack Baicalin with other supplements, so long as the amount consumed does not exceed the suggested serving size.
- The benefits of Baicalin are most effective when they are supported by a healthy diet and plenty of exercise.

